

Sand Pebbles

March 2005

Volume XXII Number 8

2004/2005 Chapter Officers

PresidentKathy Browe
 President ElectTonya Nunes
 Past PresidentBecky Belcher
 Vice PresidentTammy McDaniel
 TreasurerKathi Heapy
 SecretaryTerre Dominique

Committee Chairs 2004/2005

HospitalityBecky Dawkins
 MembershipBev Bain
 EducationDesley Parker
 PublicityTara Hammond
 ProgramAnita Chapman
 Ways & MeansTammy Magee
 Poker Run Subcommittee Tammy Magee & Michelle Sears
 HistorySharon Adams
 Fall EnrollmentCarol Ann Love
 Spring EnrollmentVACANT
 Woman of the YearBev Bain
 Business AssociateSherry Marcolongo
 NewsletterTerry Williamson

Sand Pebbles is a monthly newsletter published by the **Emerald Coast Chapter of the American Business Women's Association** for its members. As we start a new year together, let's all keep growing and supporting each other.

Send inquiries and submissions to:

TERRY WILLIAMSON

c/o NWFL Daily News
 P.O. Box 2949

Fort Walton Beach, FL 32549

E-mail: terryw@nwfdailynews.com

Home Phone.....678-2138

Work Phone.....863-1111 ext. 1-486

Web Site: www.abwa-ecc.org

Chapter E-mail address:

EmeraldCoastABWA@lycos.com

Advertise a business card size ad for only:

\$60.00 for 12 months

\$35.00 for 6 months

\$25.00 for a 1 page insert for 1 month

Annual and semi-annual ads will be published on the ABWA web site.

Emerald Coast Chapter

American Business Women's Association

Fort Walton Beach, Florida

A Message From Our President

I guess the name "March" is appropriate for us, since our chapter just keeps marching on with great ideas and projects.

We voted in January to have a booth at the **Women's Expo** at the Santa Rosa Mall on March 12th. The **Panhandle Area Council (PAC)** will pay the registration for this since we will be sharing the booth with the Fort Walton Chapter. Please let us know your great ideas to promote ABWA and your business at this event. Of course, things don't get done by themselves so we need someone to coordinate our display and to set up a time for volunteers to "woman" the booth.

The Board discussed **Spring Enrollment** and came up with a new idea. Hopefully you received the e-mail blast on this. Since we all attend our meetings, we know what a great chapter we have and we don't feel like sitting through another commercial! We are constantly adding new members, thanks to our members and their enthusiasm so we don't have to have a special membership drive. We thought we would have an evening where guests are invited and members get to showcase their businesses. Twenty spots will be available for whatever kind of display you would like. This will be at the April meeting, but please let **Kathy Browe** or **Becky Dawkins** know if you would like one as soon as possible so we can let Soundside Club know.

Tammy Magee and **Michelle Sears** are working behind the scenes on the **Boat Poker Run**. The March meeting will be dedicated to this event so we will have time to get our committees together. Please plan to attend and help our **ONLY** fundraising event.

Tonya Nunes and I are working on a members survey for you to fill out at the March and April meetings. Here is your chance to give ideas, suggestions and possibly plan to run for a Board position.



Desley Parker and her **Education Committee** are setting things up for scholarship applications so we can give away some of what we earn to help others with their educations. This will be done at the May meeting.



Sherry Marcolongo and her committee are starting to work on the Business Associate event for June and I am looking for a volunteer to coordinate the Panhandle Area Council Meeting in July (our Chapter is the Hostess Chapter this time.)



So, as you can see, we are definitely "Marching" on.

But I would be remiss in looking forward without taking a look backward! Our February Woman of the Year meeting was a wonderful event as usual. **2004 Woman of the Year Bev Bain** planned an



evening of "Footprints in the Sand." **Terre Dominique, Tammy McDaniel** and **Sherry Kennedy** all follow in Bev's "footsteps" with their dedication to our chapter, their support to everyone and their positive attitudes. We all congratulate **Sherry Kennedy** in being voted our **2005 Woman of the Year!!**



Kathy Browe

March 1st Meeting Agenda

NETWORKING STARTS AT 5:30 P.M.

CALL TO ORDER IS AT 6:30 P.M.

Invocation / Pledge

Dinner/Introductions

Announcements/Door Prizes

Program:

Boat Poker Run

Benediction

Dinner

Southern Hospitality


Tossed Salad with Tomatoes, Cucumbers & Carrots with House Dressing
Southern Fried Chicken
Sliced BBQ Brisket of Beef
Garlic Mashed Potatoes
Chef's Vegetables
Rolls & Butter
Marinated Berries Over Vanilla Ice Cream
Coffe & Tea Service

OR you can order a Chef Salad.
If you would rather have the salad,
please call the hotline at 864-7697

**ABWA Emerald Coast Chapter
February 1, 2005
MEETING MINUTES**


ABWA, Emerald Coast Chapter, Meeting Minutes for February 1, 2005.


The meeting was called to order by President, Kathy Browe, at 6:30 pm.


 The Invocation was said by Carol Evans. The Pledge of Allegiance was lead by Carol Evans and said by all.

The Business portion of the meeting included approval of November and January Minutes. Also approved, were the Treasurer's reports for November and January.

Our Chapter plans to host the PAC Meeting on July 16th. We need volunteers.

Marnie Tate received the Golden Sapphire Star for bringing in 33 new members to our Chapter. Great work Marnie!!!! 

 Tammy Magee gave a brief report on the BPR. Next month she will have a sign up sheet for members to sign up for the different committes. The BPR is scheduled for May 14, 2005. We are not sure of the location. It will either be Shalimar Yacht Basin or Elk's Lodge.


 The Womens' Expo at the mall needs volunteers. It is scheduled for March 12th. We need help with booths. If you are interested in volunteering, please contact Jeanne Rief.

The Board will either be at Lucky Nunes Insurance or Bayside Automotive. It will be March 7th.

Birthdays for February were




announced. Members included: Bonnie Kempke (alias Bonnie Kennedy) the 1st, Gerti DeShon the 13th, Marilyn Ankeny the 17th, Barbara Rose (not pictured) the 17th, Elaine Sheldon the 20th, Mitzi Rowe the 22nd, Frieda Fife the 24th and Leslye Brewer the 25th. Happy Birthday ladies. Gerti DeShon won the box lunch from Heavenly Ham. Lucky girl!!!!

 The 50/50 drawing was won by Kathy Browe. She won \$ 70.50.

The Business Card Drawing was won by Forrest Oliver. 


Door prizes were the drawn.

We then started the Program for the night. It was WOY and it was hosted by Bev Bain, last years WOY. She had a wonderful program for us. Pat Gross gave the Tribute to the WOY. The speaker for the night was Rev. Amy Pritchard. She is the Pastor of Shalimar United Methodist Church. She gave a great talk and is a lovely woman. We appreciate her being with us this night.

Bev introduced the past Women of the Year. Her theme was Footprints in the Sand.  She quoted the Footprints poem, which was very moving. She also talked about how each person has left their footprints on her heart. She has felt very happy about each person she has met and that we should thank the person who introduced them to ABWA.

The 3 nominees were then introduced. They were Sherry Kennedy nominated by Sherry Marcolongo and Bonnie Kemke. Tammy McDaniel nominated by Kathy Browe and myself, Terre Dominique nominated by Kathi Heapy. The votes were then tallied and the new WOY for 2005 was announced. The winner, Sherry Kennedy. Congratulations and best wishes for a great year!!!!

We want to thank Bev Bain for a wonderful program. Great job, Bev. The meeting was attended by 55 members, 15 guests and there were 15 no shows, 3 of which were guests.

The meeting was adjourned at 8:15 pm. Respectfully Submitted By,  Terre Dominique, Secretary

Focus on Women Expo

The Northwest Florida Daily News and Emerald Coast.Com present the 2nd Annual 2005 Focus on Women Expo! The event will be held Sat. Mar. 12th from 10 am to 4 pm. at Santa Rosa Mall. Over 50 vendors will be providing services and information of interest to women in the community. Fashion shows will also take place throughout the day, courtesy of mall merchants. Entertainment will be provided by Ka Tazz Dance Club, ATA Taekwondo and other groups.

UWF's Small Business Development Center will be sponsoring a Women's Networking event in the afternoon. Dr. Karyn Combs who is the current National Woman of the Year for the American Business Women's Association will be the keynote speaker at 1 pm. She is also a member of the Fort Walton Beach Charter Chapter and principal of Cherokee Elementary School. Desley Parker will do a presentation on networking and there will be a reception with members from the Okaloosa County Women's Hall of Fame. The event will be held in a vacant store near Center Court. The Okaloosa Commission on the Status of Women and UWF's Small Business Development Center invites you to an afternoon of networking, fun and education. Bring your business cards and a smile.

The Okaloosa Commission on the Status of Women will be providing information about members of the Okaloosa County Women's Hall of Fame and women's history. They will also have applications available for the Wall of Honor and the Hall of Fame if you would like to recognize a special woman in your life.

Emerald Coast.Com is currently taking reservations for booths and vendors are invited to sign up now by calling Christy at 622-0327. Last year's event was an outstanding first year event and should be even bigger and better this year.

TREASURER'S REPORT - AS OF JANUARY 31, 2005

	BUDGET	January 31, 2005	Year to Date
REVENUE			
Dinners	\$15,000.00	\$ 894.00	\$ 6,987.00
Dues	\$2,500.00	\$ 96.00	\$ 2,160.00
Bulletin Advertising	\$1,000.00		\$ 730.00
Name Tag Sales	\$0.00		\$ 42.00
FUND RAISING ACTIVITIES			
50/50 & Door Prize Tickets	\$1,000.00	\$ 61.00	\$ 400.00
Poker Run	\$12,000.00		\$ 535.00
Miscellaneous	\$3,070.00		
Ginny Winn Memorial SF			
FIN - Fund Raiser			\$ 595.20
TOTAL REVENUE	\$34,570.00	\$ 1,051.00	\$ 11,449.20
EXPENSES			
Bulletin			
Printing	\$100.00		
Postage	\$0.00		
Film			
Internet Advertising			
Program Committee	\$150.00		
Executive Board	\$0.00		
Stephen Bufton Fund	\$0.00		
National Convention	\$3,000.00		\$ 928.49
Spring Conference	\$1,000.00		\$ 388.50
FWB Chamber Dues	\$100.00		
P. O. Box Rental	\$40.00		
Panhandle Council Meeting	\$220.00		
Board-Other	\$640.00	\$ 12.50	\$ 221.58
ABWA Day	\$0.00		
Woman of the Year	\$200.00		
Hospitality Committee			
Dinners	\$15,000.00	\$ 936.00	\$ 7,500.39
Answering Service	\$175.00		\$ 100.66
Flowers to Members	\$120.00		\$ 103.67
Table Decorations	\$75.00		
Misc.			
Membership Committee			
New Member Orientation	\$400.00		\$ 442.94
Name Tags	\$0.00		\$ 26.50
Misc.	\$150.00		\$ 134.54
Education Committee			
Scholarships	\$7,000.00		\$ (500.00)
Printing/Postage/Tea	\$400.00		\$ 114.75
Member Education/Programs	\$3,200.00		
Poker Run Expenses	\$2,000.00		\$ 407.89
Business Associate Event	\$400.00		\$ -
Spring Enrollment Event	\$50.00		\$ -
Fall Enrollment Event	\$50.00		\$ -
			\$ -
Public Relations Committee	\$100.00		\$ -
Ways and Means			\$ -
Member Support			
TOTAL EXPENSES	\$34,570.00	\$ 948.50	\$ 9,869.91
NET BALANCE	\$0.00	\$ 102.50	\$ 1,579.29
Checkbook Balance as of 6/30/04			\$ 16,733.08
Plus Revenues			\$ 11,449.20
Less Expenses			\$ 9,869.91
Checkbook Balance as of 1/31/05			\$ 18,312.37
Fund Balance as of 6/30/04			\$ 27,793.08
Plus Net Balance			\$ 1,579.29
Adjustment (03-04 scholarships pd)			\$ (11,000.00)
Fund Balance as of 1/31/05			\$ 18,372.37
Total Ginny Winn Fund			\$ 699.69
Less Cash on Hand			\$ 60.00
Balance at Regions Bank			\$ 18,312.37

Respectfully submitted, Kathi Heapy

Way to Go, Marnie!

When a charm arrived for me to present to **Bev Bain** for bringing 11 new members into our chapter it really impressed me. But, since I see Bev at every Chamber meeting telling ladies what a great organization ABWA is, I guess they listen to her!

Well, you can imagine how impressed I was when the National ABWA sent me another charm to present to **Marnie Tate**. This was the **Golden Sapphire Award** that she earned for bringing 33 members into the Emerald Coast Chapter. Of course, if you know Marnie and her smile and enthusiasm, you would want to belong to any group that she belongs to!

Kathy Browe



ABWA Website Information



I have the new ABWA ECC web site online now. The web address is www.abwa-ecc.org

Therefore, I am finally able to post the newsletters, menus, and announcements now. The newsletter is available for download now as well.

I am in the process of sending out press releases to solicit scholarship applicants. If you know of anyone interested in applying, they can go to our web site and download the application online. I have a link to it from the home page. The deadline is March 25th.

Sherry Kennedy

THE EMERALD COAST CHAPTER OF THE AMERICAN BUSINESS WOMEN'S ASSOCIATION

will hold their next meeting
Tuesday, March 1st
at the Hurlburt Soundside Club
on Highway 98 in Mary Esther

The Program will be:

Boat Poker Run

Networking begins at 5:30,
dinner starts at 6:30 PM,
and the cost is \$15.

Reservations are mandatory and can be made by calling :

850-864-7697

Member Websites

www.accessloans.com
Michelle Janczewski
www.aglcoaching.com
Andrea Schlapia
www.carlsontravel.com/SHALIMAR
Lynda Hammond
www.choctaweng.com
Becky Belcher
www.connectwithflowers.com
Terre Carr
www.dayspadestin.com
Vickie Edge
www.embassysuitesdestin.com
Lynn Holland
www.fwbmc.com
Ellen Witterstaeter
www.heavenlyham.com
Kathy Browe
www.kellyservices.com
Sharon Adams
www.lamar.com
Sandy See
www.marykay.com/sally
Sally Johnson
www.nmfn.com/marnietate
Marnie Tate
www.nwfdailynews.com
Jeanne Rief, Dawn Lowe, Terry Williamson
Tara Hammond, Jeri Brown
www.oldsouthexchange.com
Gayle Hurst
www.peoplesfirst.com
Anita Chapman
www.shalimaryachtbasin.com
Paulette Peterson
www.stonemountainflooring.com
Kathi Heapy
www.successwithdesley.com
Desley Parker
www.southtrust.com
Pam White
www.synovus.com
Jennifer Mauk
www.tsacg.com
Sherry Marcolongo, Angela McCormick, Beth Bish
www.vtdinc.com
Sherry Kennedy
www.westwoodretirementresort.com
Michelle Sears
www.weekendersusa.com/kimiifelder
Kimii Felder
www.wilsonpersonnel.com
Sheila Scott

MARCH 2005 CALENDAR OF EVENTS

1st **ABWA Chapter Meeting**

1st - 4th Annual National Dog Show; Northwest Florida Fairgrounds; 9:00am-5:00pm; No admission fee; Parking \$2.00. Contact Jane Summral 850-862-0848.

4th "Carmen"; 7:30pm at The Arts Center at OWC in Niceville, 850-729-6000.

4th First Friday Concert Series; Enjoy live music at the Destin Commons Center Plaza. Lawn chairs and blankets welcome, no coolers please. 850-337-8700.

4th-6th Home & Garden Show; 11am - 9pm Fri, 10am - 8pm Sat, noon to 6pm Sun at the Emerald Coast Conference Center on Okaloosa Island. 800-226-3976.

5th The Journeymen; Concert performance by this quartet held at 7pm at Cinco Baptist Church in Fort Walton Beach. Sponsored by American Gospel Ministries. Jim Harkins, Sr., 850-862-6211.

7th-12th Tibetan Monks Mandala; The Arts Center gallery at OWC in Niceville. Music and dance performance at 7:30pm on Friday, Mandala dismantled on Saturday. 850-729-6000.

10th **ABWA Board Meeting ~ Lucky Nunes Insurance Agency, 5:30pm, call Tonya Nunes at 243-0232 for directions.**

10th Philharmonic Orchestra of NW Florida, "The Simple Life"; 7:30pm, First United Methodist Church in Fort Walton Beach. 850.837.1742 or 850-581-5253.

11th Boston Brass; Concert performance is presented by First Arts, 7:30pm, Ticket information, 850-243-9292.

12th Vinok Worldance; Emerald Coast Concert Association presents this Canadian professional company performing an extravaganza of music, song, costumes and dance from over 40 cultures. 7:30pm, Fort Walton Beach Civic Auditorium, 850-682-7329.

12th 25th Annual Fine Art Show; Held at the Creative Senior Community Center in Fort Walton Beach from 2pm - 4pm. 850-833-9586.

13th "The Simple Life"; The Philharmonic Society of NW Florida presents a program featuring the Overture to "Barber of Seville", Bartok's Roumanian Folk Dances and Schuberts' "Shepherd on the Rock". 7:30pm, First United Methodist Church in Fort Walton Beach. 850-837-1742 or 850-581-5253.

19th 12th Annual Archaeology Day; Open house held at the Indian Temple Mound Museum in Fort Walton Beach from 10am to 5pm. Sponsored by the City of Fort Walton Beach Museum Division, 850-833-9595.

20th-31st Gallery Openings; The Arts Center at OWC in Niceville presents the OWC Annual Juried Student Exhibition in the McIlroy Gallery and the Arts Center Faculty Exhibition in the Holzhauser Gallery. 850-729-6000.

21st-25th ZOOcamp; The Zoo in Gulf Breeze. Call 232-2229 extension 101 for information.

22th-26th "Last Days at the Dixie Girl Café"; Performance at the Arts Center at OWC in Niceville, 7:30pm. 850-729-6000.

24th Fort Walton Beach Easter Egg Hunt; 10am at Liza Jackson Park in Fort Walton Beach. Rain date is March 25th. Sponsored by the City of Fort Walton Beach Parks & Recreation Dept., 850-833-9577.

26th ZOOhop; The Zoo in Gulf Breeze. Call 232-2229 extension 101 for information.

28th-1st ZOOcamp; The Zoo in Gulf Breeze. Call 232-2229 extension 101 for information.

Chamber Events

4th First Friday Coffee; 7:45am; Santa Rosa Mall food court. Sponsor: Santa Rosa Mall.

11th Member Benefits Reception; Noon in the Fort Walton Beach Chamber of Commerce Conference Room. All new and prospective members are invited to attend but must RSVP to 244-8191 by March 10th.

15th Time Management Seminar; 8:30am-11:00am; Chamber Conference Room. Register for the seminar by calling the Chamber at 244-8191. Registration on the day of the event is \$45 for all.

18th Featured Restaurant; 11:30pm; Buffalo Wild Wings located in UpTown Station.

Prayers for Tonya

Please keep Tonya Nunes in your thoughts and prayers as she is recuperating from her surgery and prepares for the road ahead. Cards and phone calls can keep up her sense of humor that we all love so well!



Kathy Browe

Thank You

Dear ABWA Friends,

I wanted to thank everyone personally for their expressions of sympathy after the loss of my mom and "buddy". I am going to miss her a lot. This is why being a member of ABWA is a special gift and the white roses sent to my mom's funeral was a reminder of that gift and friendship.



Many thanks again for all of your thoughts and prayers.

God Bless,

Carol Evans

Footprints in the Sand...

ABWA Ladies,

I just want to say what a privilege it has been to be our Chapter's 2004 Woman of the Year. I have enjoyed representing our chapter this year. You all have left footprints that will remain on my heart forever.



I especially want to say Congratulations to Sherry Kennedy, our 2005 Woman of the Year. Sherry is very deserving. She has been so supportive of our chapter and has been active as Chapter Web Master and has achieved a brand new website for us. This is going to be such a blessing so that we can go there and check out what is new with our chapter. She has done an excellent job as our Email Communicator in getting info out to the chapter about changes, upcoming events and notices. Thank you Sherry for all that you have done to make our Chapter the success that it is. Enjoy your year as our chapter Woman of the Year. You are the best!

Bev Bain <>

2004 Woman of the Year

Membership Chair

This Can Be Your New Year's Resolution!

Everyone has a calendar with appointments on it - car repairs, church meetings, haircuts, etc. Why not put ABWA on it for the first Tuesday of each month? You will know at a glance if you need to cancel your dinner reservation if something else is coming up or you need to call to make a reservation for you and any guests attending. At the risk of offending people, we are NOT mind readers. We don't know your intentions. Soundside Club charges us for the number we tell them to expect.

If anyone has any ideas on how to solve this problem please let a Board member know.

Kathy Browe

Restaurant Review _____ by Sherry Marcolongo

Okinawa Japanese Steak House

Location: Eglin Parkway, FWB

Food: ★★★★★
Atmosphere: ★★★★★
Price: ★★★★★

Okinawa is a fun Hibachi restaurant located where the old Imperial Palace Chinese restaurant used to be. Okinawa has been open for well over a year now, and they completely renovated the inside. It is very clean and open.

My first trip was to the Hibachi grill. I had the Hibachi Steak and Chicken. If you've been to a Hibachi restaurant before, then it is safe to say that the cooking was typical of Hibachi style preparation. If you haven't sat at a Hibachi grill, then I encourage you to give it a try. Our waitress served our soup and salad, and our friendly and humorous chef prepared our food right in front of us. He prepared fried rice and vegetables before he started on everyone's main course. His skill with knives and grill spatulas was incredible, and he thoroughly entertained us. The food was tender and tasty and well worth our time and money. A "To Go" box is a must. The best way to enjoy the Hibachi grill is to go with a large group of friends. Our group was ABWA friends - we had a "dinner for no reason."

My second trip was again in the company of ABWA ladies. This time we sat at a regular table and ordered from the "Dinner Box" menu. There is so much food included you will have plenty for one or two more meals. We started off with soup and followed with salad. When our main meal came, it was presented in a unique box that was compartmentalized. Our main dish was served in the large compartment (my choice was Chicken with soba noodles - wonderful!), and the other four compartments held fried meat dumplings, vegetable tempura, California sushi rolls, and fried rice. This was followed with a scoop of ice cream! Everything was cooked or prepared to perfection, and our servers went out of their way to make sure we were pleased. It also helps to have someone in your group who knows the owners - in this case with had Bev Bain with us, and the owners kept coming over to make sure we were happy.

The friendliness of the staff was a nice change, and the food was wonderful. I encourage you to go for the whole experience. I will warn you though - don't go if you are in a hurry. The experience is best left to flow as it will. A Zen way of explaining it, but it works. Enjoy!



If you would like to join the Restaurant Review please contact:

Sherry M. Marcolongo
Publications Specialist
TSA Consulting Group, Inc.
Phone: 244-7306 ext. 120
Fax: 244-7308

If you cannot attend our chapter meeting, attendance at another chapter's meeting will count for perfect attendance.

Guest are welcome. Please call our hotline at 864-7697 to make a reservation by Noon, Friday before the meeting. The Emerald Coast Chapter of ABWA meets on the first Tuesday of each month at the Hurlburt Soundside Club across from the main gate to Hurlburt Field.

Networking starts at 5:30 p.m. Call to order is at 6:30 p.m. Dinner cost is \$15.00 payable at the door.

ABWA Mission Statement

The mission of the American Business Women's Association is to bring together women of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.

ABWA Traditional Invocation

Lord, in the quiet of this hour, We come to Thee for wisdom, and for power; To view Thy world through only love-filled eyes; To grow in understanding; to be wise And sure to see Thy guiding light; and thus To know each other as Thou knowest us. Amen

ABWA Traditional Benediction

O Guiding Spirit, Guardian of our days,
Be with us as we go our separate ways.
Help us to feel those thoughts that lift and bless,
To know a closer bond of friendliness;
To see Thy beauty always - every day,
Translated into living - this we pray.
Amen

Prime Time Connection

The "Been There - Done That" Prime Time Connection Chapter has been formed for retired businesswomen. They meet on the third Wednesday of each month at 12:30 p.m. Meeting locations change monthly. They are looking for new members -- retired or not. Points of Contact: Liz O'Shea 678-7739 and Gloria Walker 651-4008.

Other Chapter Meetings

FWB Charter Chapter 2nd Thursday of each month, Two Trees Restaurant at FWB Golf Course 6:00 p.m. Networking • Dinner 6:30 p.m. Entree \$15.66 & Salads \$11.50 Contact: 314-3010 (leave message)

Note: The Navarre Chapter and the Spanish Trail Chapter (Crestview) are now defunct. If you need to attend another chapter's meeting to fulfill your attendance, the FWB Charter Chapter is the only other local option. This is the latest information as of July 2004. If you have a question, please contact the Emerald Coast Chapter president.

From Hospitality

I would like to congratulate **Bev Bain** for the awesome job she did with the Woman of the Year Program. She really put her heart and soul into this event and it showed. The centerpieces she did added just the right touch for the event. Thank you Bev for all your time and effort.

A great big congratulation to **Sherry Kennedy** for being named our new 2005 Woman of the Year. Sherry is so deserving of this great honor. She has put forth her best in everything she does and it shows. Congratulations.

Ladies we need to continue to keep **Tonya Nunes** in our Prayers and Thoughts as she faces a lot of challenges in the coming months. She has been very touched by all the cards and phone calls she has received.

We also need to continue to keep **Tammy McDaniel** and her family in our Prayers. Her mother is very ill and Tammy and her family will also be facing a lot of challenges in the coming months.

Becky Dawkins

Hospitality Chair

March Birthdays

Date

- 1 Barbara Angel
- 4 Patti Baker
- 11 Kathy Browe
- 11 Marty Gossman
- 18 Michelle Janczewski
- 21 Sandy Duh
- 22 Bev Bain
- 26 Gayle Carmichael

Cards and phone calls are fun! If we've missed your birthday, please let us know.

March Anniversaries

Years

- 22 Sally Johnson
- 15 June Davis
- 10 Sandy Duh
- 12 Terre Carr
- 6 Tammy McDaniel
- 4 Pam White
- 2 Joan Fienhold

* Please let us know if we have missed your anniversary.

SUCCESS: Managing UP



It's your unique response to your boss that defines the relationship. You must manage that response so that you achieve the relationship that you want. When we just let life/business relationships pass us by and take them for granted—that's when the problems come. Almost every divorce that I know of happened because the relationship wasn't managed and so people grew apart, stopped communicating, and walls and barriers went up. Same thing can happen at the office. Here are some ways to prevent that:

1. Support your boss very, very well—whether s/he is right or wrong. Unethical or illegal is a different story.
2. Keep your boss fully informed.
3. Have daily/weekly meetings to report, get feedback, learn and create.
4. Make strong requests of your boss for your continued growth so you can continue to produce.
5. Don't compete with your boss.
6. Be willing to learn from mistakes your boss brings to your attention rather than beat yourself up.
7. Talk about things with your boss that you can do differently that will help you grow and achieve more rather than how the company is holding you back.
8. Spend your time on solutions vs. complaining.
9. Be an advocate for your boss.
10. Acknowledge your boss. It is lonely at the top!

ECC ABWA Classifieds

I have 2 very loving adult cats (brother and sister) that I need to find a GOOD home for. FREE. I have have food, litter and box, and lots of other goodies to go with. I would prefer they stay together because they have grown up together, but I will separate to place them. Thanks!

Evenings 678-2806, 585-3903

Barbara Rose

Please send your classifieds to terryw@nwfdailynews.com

Deadline is the 15th of each month.

IMPORTANT NEWS

...from the Hospitality Chair



There was a large number of members who **did not** get their reservations called in by the deadline for the month of February. Please remember that **I DO NOT** check the **Hotline** after **12:00 noon on the Friday prior to our Tuesday Meeting**. Also, please **DO NOT** call my home and leave a message. I can not guarantee that I will get your message. There were two cases where I did not receive messages and it made for a very embarrassing situation at the Check In Table. **The Hotline is activated 24 hours a day, 7 days a week and it DOES record the date and time of your message**. Once I have turned in the head count to the Club, there is nothing I can do when it comes to ordering extra meals for those who missed the deadline.

Becky Dawkins
Hospitality Chair

Westie Social

The Westie Social was a huge success with 51 Westie's ranging from age 9 weeks to 13 years.

Everyone enjoyed the social and door prizes were given. Dog trainer, Debbie Revell was a hit with her tips on training and held a demonstration with her dog, "Digger"

Professional photographer and good friend, Mert Wagner was there taking photos of the event.

Next Westie Social
April 9.



Bev with "Dixie" in center...
Andrea Schlapia with "Jenny"
on far right in striped shirt.



Bev in black with "Dixie" and
Andrea with "Jenny" to right
of gal in black behind Bev.

Congratulations 2005 WOY Sherry Kennedy

Sherry Kennedy, 2005 Woman of the Year shows off the Woman of the Year trophy with list of 22 names of all previous WOY recipients.

Emerald Coast Chapter of American Business Women's Association (ABWA) recently elected Sherry Kennedy as their 2005 Woman of the Year.

Kennedy has owned and operated her business, Visionary Technologies & Design, Inc., since 1999. She has been an ABWA member for 6 years. Kennedy is the chapter's Webmaster and Email Communicator 2003-present, Chapter Photographer 2001-2004. The committees that she has served on include: Ways and Means, Education, Fall and Spring Enrollment, Newsletter Chair and member, and several Chairs for the Boating Poker Run.

Her community involvement is with Shelter House, where she won the Volunteer of the Quarter award in 2001, American Cancer Society, American Heart Association, and member of the Fort Walton Beach Chamber of Commerce.



Woman of the Year (WOY) previous recipients at the 2005 Woman of the Year event.
Back row: Darlene Dean 2001, Carol Evans 1992, Judy Elgin 1993, Shirley Young 1999, Pat Gross 1988, Gayle Carmichael 2000, Kathi Heapy 1997 & Jeanne Rief 1990 Front row: Bev Bain 2004, Becky Belcher 1996, Sherry Kennedy 2005, Sherry Marcolongo 2003, Patti Baker 1987, & Dorothy Farland 1985.

2005 WOY



Pastor Amy Pritchard, guest speaker and guest of Bev Bain the 2004 WOY recipient, at the 2005 Woman of the Year event.



Sherry Kennedy, 2005 Woman of the Year

Dear ABWA Members,

I would like to thank all of my ABWA sisters, from the bottom of my heart, for electing me to be your 2005 Woman of the Year. It is truly an honor for me to represent our chapter, which is composed of some of the finest businesswomen in the area. I appreciate and admire each and every one of you and am glad to have you as my friend.

ABWA has been an excellent experience for me as I have made some of the greatest friends and have been able to give back to the community through our fundraising efforts.

In addition, I want to thank Sherry Marcolongo and Bonnie Kempke for nominating me. I feel privileged to have them want to recognize me as the Woman of the Year. They have both been with me through thick and thin over the last two years and I would not have been able to do all that I have without their help. Also, I would like to thank all of the previous Women of the Year for the lovely gifts. They truly made me feel like a special lady! Lastly, I would like to dedicate this award to my mom and two sisters who are no longer here on this earth with me. They taught me to be the best that I can be; continue to inspire me every day; and gave me examples of what to aspire to be in the future!

In ABWA Love and Friendship,
Sherry Kennedy



Bev Bain 2004 Woman of the Year, pins Sherry Kennedy, 2005 Woman of the Year



Sherry Marcolongo, 2003 Woman of the Year with Sherry Kennedy 2005 Woman of the Year and Bev Bain 2004 Woman of the Year



Sherry Marcolongo, 2003 Woman of the Year with Sherry Kennedy 2005 Woman of the Year nominated by Bonnie Kempke (and Sherry Marcolongo)



Sherry Kennedy, 2005 Woman of the Year recipient with nominees Tammy McDaniel and Terre Dominique.



Shirley Young 1999 WOY with Dorothy Farland 1985 WOY at the 2005 Woman of the Year event.

Bev Bain, 2004 Woman of the Year and Becky Dawkins, Hospitality Chair, display the 2005 Woman of the Year theme "Footprints in the Sand"





(850) 654-1994 Destin Office
Fax: (850) 654-1808 Toll Free: (800) 475-9816
151 Regions Way, Suite 5A, Destin, FL 32541
(850) 315-2111 Ft. Walton Beach Office
Becky Mason - Team Transaction Coordinator
Fax: (850) 862-8153 Toll Free: (888) 211-4376
11 Racetrack Rd. NE, F3, Ft. Walton Beach, FL 32547



Michelle Janczewski
(Pronounced Yawn-chess-ski)
Licensed Agent
MichelleJ@accessloans.com
www.accessloans.com

Auto • Life • Home • Business



Initially Yours
Monograms with Class

Complete Monogramming & Embroidery Services

Barbara Rose
Owner

Since 1985
(850) 729-1199



Edge of Paradise Day Spa
"Experience the Difference!"

Vickie Edge
(850) 650-4569

Hours:
Mon-Sat 10-6

www.dayspadestin.com
vickie@dayspadestin.com

228 Hwy 98 East
Destin, FL 32541

2 blocks east of AJ's, next to Fisherman's Wharf Restaurant



Richard A. Sheldon, D.C.
Complete Wellness Chiropractic &
Rehabilitation

350 Racetrack Road, N.W.
Ft. Walton Beach, FL 32547

(850) 863-1920
Fax: (850) 864-5961
E-mail: rascorp@cox.net

Auto
Home
Condo
Boat
Business

Shirley Young

Associate Agent

Joe Young Insurance Agency, Inc.
315 East Hollywood Blvd., Suite 4
Mary Esther, Florida 32569-1915

Phone: 850-244-3306 Fax: 850-244-6537



Andrea E. Schlapia
Business & Personal Development
Coach

Office: 850.862.9434 • Fax: 850.862.9435

Web: www.AGLCoaching.com
Email: Andrea@AGLCoaching.com

DEE & FREDA FIFE
(850) 243-5624
(850) 243-0261
Recorder after 5 pm

243-9726
244-2437
FAX 244-4502
Mon.-Sat. 8-5

**FT. WALTON RESTAURANT EQUIPMENT
& FIFE REFRIGERATION**
fredafife@hotmail.com

SALES—SERVICE
SUPPLIES
INSTALLATION

106 PERRY AVENUE
FT. WALTON BEACH
FL 32548

Lynda Hammond
Owner

A Travel Passport, Inc.
1180 North Eglin Parkway
Shalimar, FL 32579
(850) 651-3222
Fax: (850) 651-2717
e-mail: lyndahammond@cox.net
travelpassport@carlsontravel.com
www.carlsontravel.com/shalimar

Local Presence Global Power



- Certified Sandals Specialist
- Aussie & Disney Specialist
- SuperClubs Super Agent
- Princess Cruise Expert
- Holland America Five Star Agent
- CLIA Master Cruise Counselor

**"ALL-OVER"
ENTERPRISES, INC.**



- *Gift Baskets
- *Tarah-Skin care Products, Consultant
- *Metal/Wood Fabrication
- *Hauling/Delivery

Ken and Forrest Oliver,
Owners
81 7th Avenue
Shalimar, FL 32579

Phone/Fax: 850-651-5384
Email: aeoeliver@cox.net

All members should bring their business cards to the chapter meetings for the monthly drawing. The winner will receive a free feature advertisement on the back page of our *Sand Pebbles* newsletter. Think Networking! Share your cards with ABWA members.

**Stone Mountain's
CARPET MILL OUTLET**

www.stonemountainflooring.com By Bigelow

KATHI HEAPY
Office Manager

505 Mary Esther Cutoff
Fort Walton Beach, FL 32548
(850) 243-1233
FAX (850) 243-5786



4385 S. Ferdon Blvd.
Crestview, Florida 32539
(850) 682-5500
FAX (850) 682-7785

*Looking to Hire a New Employee?
Have Something to Sell?*

Place a Classified Ad in the
Northwest Florida Daily News... It Works!



Call Dawn Lowe @ 863-1111 ext 1-368
dawnl@nwfdailynews.com



**CONNECT WITH
FLOWERS**

1305 Eglin Parkway
Shalimar, Florida 32579
(850) 651-0200 (800) 651-0022

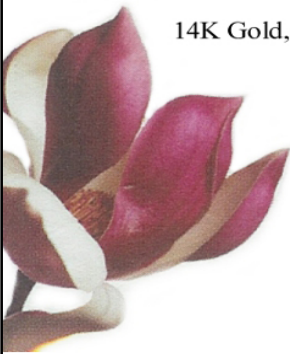
Terre Carr
Fax (850) 651-8918

SRK-Fine Jewelry

14K Gold, Diamonds, Precious Stones, Repairs

Shareen Ketchem
Your Personal Jeweler

260 Echo Circle
Ft. Walton Beach, FL 32548
Phone: 850 863-9082
Fax: 850 863-7079
Email: emcoast@aol.com
Website: www.ejewelry.com/srk



Alterations by Dixie Grant

25 Years of Experience
Reasonable Rates
Flexible Hours



Men's
Women's
Children
Military
Craft & Decorator Items

617 Overbrook Drive
Fort Walton Beach, FL
Call for Appointment
(850) 863-2776

Deadline at Noon, Friday, February 25th to cancel standing reservation or RSVP for the March 1st meeting.

Interview by Tara Hammond

Editor's note: It was a joy to talk with Forrest Oliver. She has experienced some interesting professions and is definitely a "go getter". The best thing about her though is her contagious laugh. So, if you haven't experienced the pleasure of talking with Forrest, I suggest you take some time to get to know her. She's a super, sweet person.

Where are you from?

I'm originally from Jackson, Tennessee.

Please, tell me a little about your family.

My husband, Kenneth, and I married in 1996. A funny story goes along with how we met. My family and I were on a fishing trip while on vacation for a family reunion. During the fishing trip I met Kenneth, the Captain's Mate. My father said, "You caught more than fish, didn't you". Ken and I have one 14-year-old daughter (going on 40) named Amber. She loves to draw, read, play guitar and go shopping. My father, Ben Lifsey, is a retired veterinarian and my mom, Barbara Lifsey, is retired from owning her own business. My brother, Ben, is also a veterinarian. And, my sister, Karen, is a nurse. The four of them still live in Tennessee.

What are your hobbies or things you enjoy doing while you're not working?

I enjoy reading, gardening, putting together jigsaw and crossword puzzles. My love for cooking and baking is where a future business is deriving from. In the next year or two, we are looking forward to opening "The Chocolate Factory" in a newly acquired building. It'll be a specialty catering company. We are looking forward to working with wedding coordinators and specialty cake bakers.

Are you a collector? What do you collect?

Yes. I collect Betty Boop items, horse figurines and stamps. I haven't had much time for stamp collecting lately, but I hope to resume the hobby in the future.

Where did you go to college and what was your major?

Middle Tennessee State University (MTSU) is where I received my major in Agriculture.

How did you end up in Fort Walton Beach?

A year after meeting Kenneth on the fishing trip, he moved me from Dallas/Fort Worth, Texas to Fort Walton Beach, Florida.

What other jobs did you have before starting your own business?

I worked for the U.S. Department of Agriculture for ten years. Four and a half years I spent in Pennsylvania grading eggs in Poultry, and five and a half years in Dallas inspecting the health of pigs. There weren't any lateral transfer for positions in agriculture in Fort Walton Beach. So, after my fishing trip, my choice was Kenneth or pigs. Of course, I choose Kenneth. After my arrival to Fort Walton Beach I held a variety of positions.

How did your own business come into the picture?

The hotel that held our wedding reception meant to send a bag of nuts and a bottle of champagne to our room. That wasn't tacky enough, so they sent it to the wrong room. So, I came up with the idea of putting together fruit baskets and such for hotel's guests. My pitch is, "Make your guests feel special. It'll create return business for you and me". At the time, my husband was already hauling and delivering on the side. So, we combined our efforts and ideas and incorporated "All-Over Enterprises, Inc." We offer gift baskets, skin care products, chocolates, wood and metal products, powder coating, sand blasting, hauling and delivery. The skin care products come from "Tarrah Skin Care", a 31-year-old Florida based company. I like them because they're Aloe Vera and Vitamin E based products.

When did you join our ABWA chapter? Who introduced you to it?

Lisa Coker and Angela McCormick introduced me to ABWA in year 2000. Lisa was the photographer at my wedding. Lisa in turn introduced me to Angela.

What percentage of contacts would you say you get from ABWA?

About 40 percent of my sales come from ABWA members. I believe you first have to make friends to find customers.

Are you a member of any other business clubs or groups?

Yes. I am a member of the Fort Walton Beach and Destin Chambers. I'm also a member of the Better Business Bureau.

What would you consider as your greatest challenge?

I would have to say, "Raising a daughter."

What drives, inspires and motivates you?

The idea of being self-employed drives me. When life gets in the way you have the ability to stop work and take care of it.

Finish this statement: "Each week I look forward to.."

One: ...introducing someone to my products to make Tarrah Skin Care and my basket ideas a household name.

Two: ...finding that last piece of the jigsaw puzzle.

Likes:

I like People who make me laugh, white chocolate, chocolate covered strawberries and a good book.

Dislikes:

I dislike mean or nosy people and disrespectful children.

Who would you consider as your role model?

My mother is my role model. She was a single mom and dental hygienist in the 50's before she met my father. After they were married she devoted her life to her family.

Worst habit:

I love wine.

Best Asset:

Perseverance. I'm like the energizer bunny.

Favorite color:

Hunter Green and Purple.

What is the phase or saying that you live by day to day?

"Let go" and "let God" because he's in charge.



"Quality Service Throughout The Year!"

ALL-OVER ENTERPRISES, INC.

81 7th Ave. • Shalimar, FL 32579

Gift Baskets • Skin Care Products • Chocolates
Wood & Metal Products • Powder Coating
Sand Blasting • Hauling & Delivery

(850) 651-5384

A Special Thanks From Ken & Forrest Oliver