



Your weekly Emerald Coast Chapter News & Updates

*By Brandy Laws, Realtor®*

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From President, Gail Waller:

**MAILING LIST Use by ABWA National**

The ABWA membership list is not generally rented for commercial purposes. Permission to mail or solicit by phone to the membership is occasionally granted to those companies chosen to provide special Association services to the entire membership, such as insurance, financial and travel services. Members may request that their names not be shared with anyone outside the Association. In these instances, the only mailing the member receive is Associated related (Women in Business® magazine and official ABWA Association correspondence). The majority of communication to the members will be delivered via email and the Women's Instructional Network in the National News and on the National and District Team boards however in some instances, the information will be sent directly to the Chapter president via mail or email.

**Not Acceptable Use of Members' Names by the Chapter**

Members names and contact information may not be used by ABWA Chapters:

1. To promote a member's personal business.
2. To distribute raffle tickets.
3. For fundraising requests.
4. To publicize activities/events that are in direct conflict or in competition with ABWA locally or Nationally.

\* The Chapter must comply with Members who request that their personal info and/or contact information NOT be shared without their written consent.

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Hello All,

I am looking for help to work The Big One Poker Run this Saturday, August 14, at Scully's on the Bayou. This poker run is sponsored by the Emerald Coast Foundation, which provides funds to various children's charities in Okaloosa County.

I am the Dock Master for the dock at Scully's, and we will "woman" the dock there from 9am to 5pm. Anyone who would like to help, please contact me via email at [smarcolongo@cox.net](mailto:smarcolongo@cox.net) or via phone at 642-0191. If you have friends you would like to bring with you, that would be wonderful – we need all the help we can get. Just a reminder that all volunteers must be at least 18 years of age to be on the dock.

If you have any questions, please let me know.

Thank you all,  
Sherry Marcolongo

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Tami Shirey with Senior Home Care  
Will be presenting

Transitional Programs-  
Behavioral Health  
Diabetes Management  
Coping with Change or Loss

August 19, 2010  
4:00 pm  
Daybreak Senior Services  
100 Sunset Lane, Shalimar

Light refreshments will be served.  
Please call to reserve your space 613-6933.

Leigh J. Rice MS, TRS  
Owner  
Daybreak Senior Services  
850-613-6933

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Since the beginning of the Gulf oil spill crisis, the Chamber Board has been working behind the scenes to gather information and funnel it to our membership through our Oil Spill Resource page on the Chamber's web site. We are now taking it to the next level by authorizing the formation of a Chamber Task Force to research answers to some of your most common questions – and of course, to advocate for the most equitable resolution of many of the issues that have arisen, and no doubt, will continue to be of concern.

The Taskforce appointed by the Executive Committee includes myself and:  
Chair-Elect Lisa Jo Spencer, Fleet, Spencer & Kilpatrick  
Treasurer Tammy McGaughy, O'Sullivan Creel  
Marty Lester, Fleet, Spencer & Kilpatrick  
Kathy Newby, Okaloosa County Public Affairs Officer  
Bob Mearns, City Manager of Fort Walton Beach

The initial meeting was held on Monday, August 9, and we decided to first survey our members to determine the questions of greatest concern. This survey is anonymous and completely confidential.

**Please go to the on-line survey form noted below and get back to us with your responses by Friday, the 13th.**

**[Greater Fort Walton Beach Chamber of Commerce Oil Spill Questionnaire](#)**

Until we have processed the results of the survey, note that the [Chamber's web page](#) gives a variety of oil spill resources. This is in addition to the [County's own resource page](#). If you have reports of oil product or damaged wildlife, you are invited to call the County at 3-1-1 and make your report.

If you have any questions or concerns about this survey or the Task Force, please contact Ted Corcoran at the Greater Fort Walton Beach Chamber of Commerce (850-244-8191).

As always, we appreciate your membership in the Greater Fort Walton Beach Chamber of Commerce!

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Shared by Bev Bain:

### **Pet Food Recall**

Here we go again! ...

This came from one of our Westie family group. A good friend of his shared this. The friend has a couple of German Shepherds that became very ill but I don't know what brand he was purchasing from this list. Still we need to know what to be aware of. Check labels on your dog food... No grains are best. And many of you know I endorse ORIJEN... for more info.. go to [www.championprtfods.com](http://www.championprtfods.com)

There are several formulas available. I think they have sample sizes small bags available to try before you purchase a larger bag. Check out your local vet clinics and pet stores. Pet stores do not carry Orijen.

There are several formulas to choose from and since Dixie has been on this she hasn't been bothered with skin problems like she used to be. Her favorite is: the *6 Fish Formula*. Ingredients: Pacific Salmon+Lake Whitefish+Northern Walleye+Pacific Herring+Flounder+ Lake Trout.

I also buy the *Senior Formula*. Ingredients: Free-Run Chicken & Turkey+Wild-Caught Freshwater & Saltwater Fish+Whole Eggs.

Don't poo poo the idea of thinking your dog won't eat the fish formulas. If anyone is interested in receiving the Nutrition flyer that I have as hand out let me know and I can email to you? It's a real eye opener of what is put in pet food today , let me know?

Watch for the following words...

Animal by- products: some of ingredients are... duck bills, feathers, feet, intestines etc.

Fillers : beet pulp, soy, cotton & peanut hulls, corncobs, cereal by products.

Preservatives & Stabilizers: Ethoxyquin, BHA, BHT are chemical additives used as preservatives. Ethoxyquin was developed as a rubber stabilizer and is also used as an herbicide.

A great place to compare and learn about what each ingredient means (i.e. by products, corn meal, BHA, BHT) is [www.narutapet.com](http://www.narutapet.com)

There is a periodical - **Whole Dog Journal** - covers all aspects of canine nutrition, healthcare, training and behavior. I subscribe to it. It is a booklet that you can keep in a 3 ring binder.

Check it out on the internet - [www.whole-dog-journal.com/cs](http://www.whole-dog-journal.com/cs) 800.829.9165

We read food labels for ourselves and we should be doing same for our pet food.

Hoping this info has been helpful and that you will pass on to other pet owner friends that you all know.

Hugs, Bev & "Dixie" <><

***"To err is human, to forgive CANNINE"***

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